

DEVICE CONTRACT

This contract is between me:_____

and my Parent/s or Caregiver/s:_____

I understand that:

- Having my device (model _____) is a privilege that I have earned.
- I will show respect to my parent/s or caregiver/s and will not talk back, give attitude, rage, stop listening, or fail to keep up with my ______.
 If I do, my device will be confiscated for a period of time.
- I will make good choices and display appropriate behaviours at home, school and in the community. If I do not, my device will be confiscated as a consequence.
- I am responsible for looking after my device by keeping a protective case on it at all times. I am also responsible for the cost of fixing my device if I damage it intentionally, accidentally or by my neglect.

Device rules:

- o I will charge my device every night at the agreed charging station, located
- I will respect the device rules our family has put in place to keep us all safe, so I will not take my device to my bedroom or bathroom; it will stay in the living/lounge areas.
- I am responsible for keeping within my device plan's monthly limit of minutes, data and text messages. I agree to pay any and all additional charges I incur and understand that I may lose device privileges if I go over the agreed limit.
- I will show respect to other people by ensuring my device is turned off when at _____, or in other quiet settings including _____
- I will respect our family values by not bringing my device to family meals, or using it when we have guests.
- I will show respect and responsibility by obeying all device rules imposed by my school, such as turning it off during class or keeping it on vibrate while riding the school bus.

Texting & Online Messaging:

- I will ensure I get adequate sleep and give my brain the best chance to rest and recharge overnight. I will therefore not text, message, browse or place phone calls after ____pm or before ____am.
- I will respect my parent/s or caregiver/s right to do all that they can to protect me and will therefore not delete any texts, messages, photos or videos without permission from my parent/s or caregiver/s.
- I will respect other people and will always try to act with kindness. I will therefore not send rude, mean or threatening texts or online messages to anyone.

Photos & Videos:

- I will show respect and care to other people and will not use my device to take or send embarrassing photos or videos of anyone to others. If I am going to share a photo or video I will ask their permission first.
- I will act responsibly, respectfully and mindfully by keeping my private parts private. I will not take or let anyone else take photos or videos of any body part that is normally covered by clothing. I will always take time to consider the possible repercussions of these actions when faced with the opportunity.
- I will respect other people by not asking anyone to take photos or videos of their body for me to see.

I promise:

- I will be open and honest, and will respect my parent/s or caregiver/s right to do all that they can to protect me. This includes:
 - Sharing all passwords and login information with my parent/s or caregiver/s and notifying them of any changes.
 - Not creating social media accounts other than the ones my parent/s or caregiver/s know about.
 - Only accepting friend requests/follow requests/contacts from someone I know well and have/can introduce to my parent/s or caregiver/s.
 - Readily handing over my device at any time to my parent/s or caregiver/s to monitor my activity.
 - Asking permission from my parent/s or caregiver/s before downloading apps.
- I will trust in my parent/s or caregiver/s to support and help me by alerting them when I receive suspicious or alarming phone calls, DMs or text messages from people I don't know.
- I will talk to my parent/s or caregiver/s without fear of judgement or punishment if I see anything on my device that makes me uncomfortable, scared, worried or upset.

Communication with my parent/s or caregiver/s:

- I understand that communication with my parent/s or caregiver/s is essential. Therefore I will always return texts or messages from my parent/s or caregiver/s within _____ minutes.
- I will show I am responsible and trustworthy by always being truthful about where I am (my location).
- $\circ~$ I will show respect to my parent/s or caregiver/s by always answering the phone when they call me.

While I am learning (first three months):

- My parent/s or caregiver/s will keep me safe by limiting my contacts to agreed family and friends. I understand and respect that this is so that I can learn to receive and send texts, messages and calls that are appropriate.
- My parent/s or caregiver/s will help and support me as I navigate my device by monitoring my device use closely.
- In respect of my parent/s or caregiver/s wishes I will not have a account (or its social equivalent).
- Additionally, I will not have a _____account.
- o If I choose to have a Spotify account I will pay for this myself.

Signed []:	
Signed [Paren	t or Caregiver]:	
Signed [Paren	t or Caregiver]:	
Date:		